

**Name:**

	<b>course dates</b>	<b>additional attended dates</b>
Beginning Biodynamic Massage		
Intermediate Biodynamic Massage		
Unwinding		
Advanced Biodynamic Massage		
Advanced BIODM – Special Topics		
Biodynamic Massage Supplement		
Biodynamic Massage Supplement		
Biodynamic Massage Supplement		
Biodynamic Massage Supplement		

## **Prerequisites**

Please note that prerequisites must be completed **before you register** for a course.

### **Intermediate Biodynamic Massage**

- 1) complete Beginning Biodynamic Massage
- 2) after completing BIODM 1, give 10 sessions of 100% biodynamic massage work, of at least 1hr each
- 3) after completing BIODM 1, receive 10 sessions of 100% biodynamic massage work, of at least 1hr each  
five of the receiving sessions must be from lineage-recommended bodyworkers (see website)

### **Unwinding**

- 1) complete Intermediate Biodynamic Massage
- 2) after completing BIODM 2, give 10 sessions of 100% biodynamic massage work, of at least 1hr each
- 3) after completing BIODM 2, receive 10 sessions of 100% biodynamic massage work, of at least 1hr each  
five of the receiving sessions must be from lineage-recommended bodyworkers (see website)

### **Advanced Biodynamic Massage**

- 1) complete BIODM 2
- 2) after completing BIODM 2, give 20 sessions of 100% biodynamic massage work, of at least 1hr each.
- 3) after completing BIODM 2, receive 20 sessions of 100% biodynamic massage work, of at least 1hr each  
ten of the receiving sessions must be from lineage-recommended bodyworkers (see website)

### **Advanced Biodynamic Massage – special topics**

- 1) complete Advanced Biodynamic Massage and Unwinding
- 2) after completing BIODM 3, give 20 sessions of 100% advanced BIODM work, of at least 1hr each.
- 3) after completing BIODM 3, receive 20 sessions of 100% advanced BIODM work, of at least 1hr each  
ten of the receiving sessions must be from lineage-recommended bodyworkers (see website)

## **Exchange credit for supplements and repeating courses**

Students can claim one hour of giving and one hour of receiving for each supplement attended.

Students can claim one hour of giving and one hour of receiving for each course repeated.

## **Please mail your completed course attendance and exchange log forms to:**

Todd Jackson

2507 NE 62<sup>nd</sup> Ave

Portland, OR 97213

Alternatively, you can email your text, .pdf, or .xls log to [todd@toddjackson.com](mailto:todd@toddjackson.com)

**Name:**

## Giving Log

	recipient name	date	duration	notes
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				
11)				
12)				
13)				
14)				
15)				
16)				
17)				
18)				
19)				
20)				

## Receiving Log

	practitioner name	date	duration	notes
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				
11)				
12)				
13)				
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15)				
16)				
17)				
18)				
19)				
20)				